Understanding the Test Requisition

Below is an example of our Test Requisition form. It asks important questions about patient health and well-being. Please encourage your patients to complete all sections on both sides of the form.

SIDE A

Section 1

Individual Information: name, address, phone, gender, date of birth etc.

Section 2

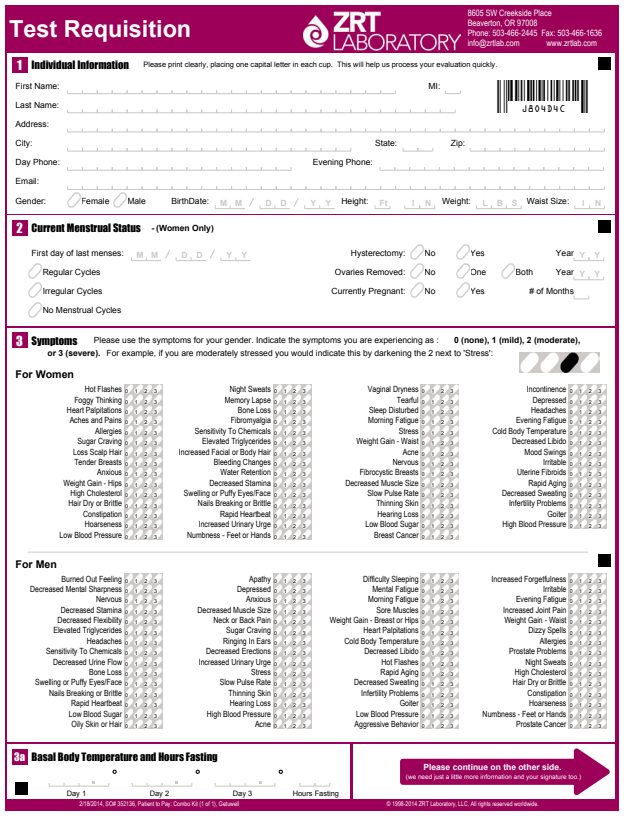
Current Menstrual Status (women): this is important for determination of the appropriate expected hormonal range.

Section 3

Symptoms: reported by patient. Symptom severity is key to evaluating patient hormonal health. A rating of 0 = none, 1 = mild, 2 = moderate, 3 = severe is reported in bar graph form on page two of the test report. This allows correlation of tested hormone levels with reported symptoms, thus providing a more comprehensive evaluation.

Section 3a

Basal Body Temperature: basal body temperature is optional and only requested when evaluating thyroid dysfunction.



SIDE B

Section 4

Hormone/Medication Use: prescribed dosage, and exact time of last dose are extremely important for accurate evaluation of test results.

Section 5

Sample Collection Date and Time: indicate the date(s) and time(s) that each sample was collected.

Section 6

Panels and Tests: indicate the individual hormone(s) and/or panel(s) to be tested by checking the appropriate box(es).

Section 7

Payment: indicates the Payment Option that you have chosen.

Section 8

Client Signature: for authorization and/or consent for laboratory testing.

Section 9

Health Provider Information: your name and address will print here.